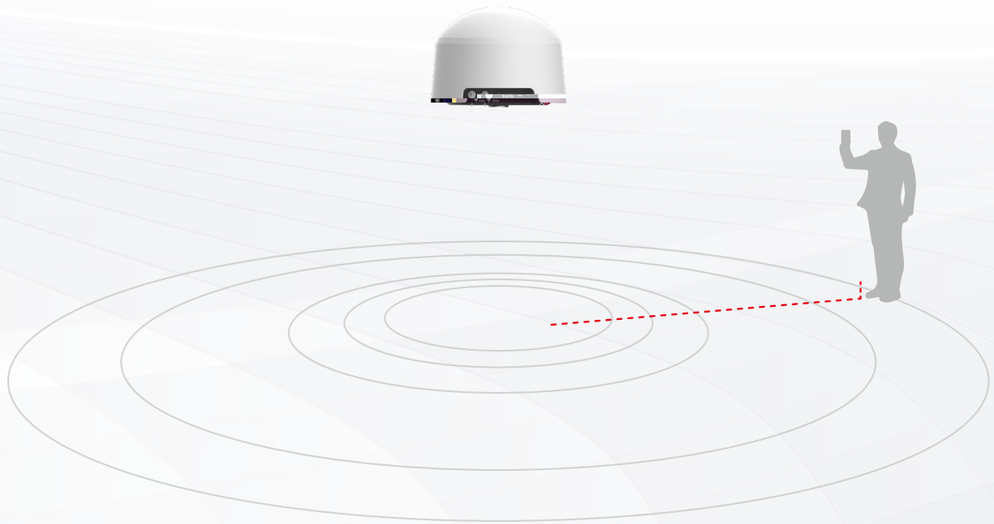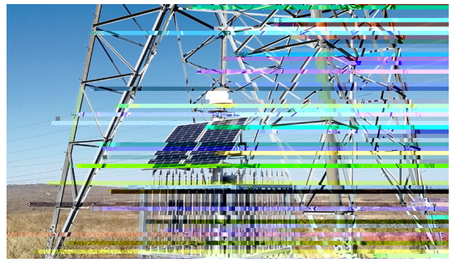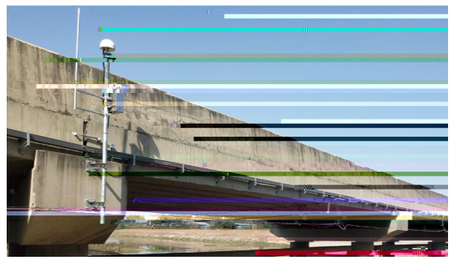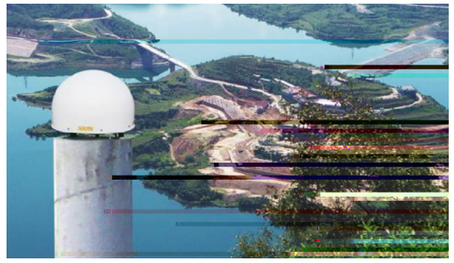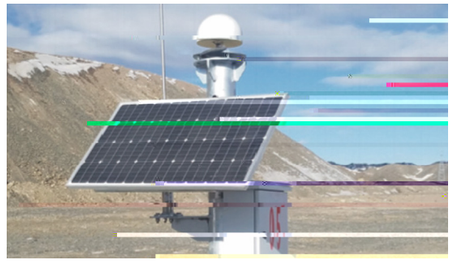值